





## Where to find support outside of school

We know that there may be times when there is a need for you to access help and support when school is closed.

Here are some key contact numbers and websites that can be accessed outside of school in the event that you need information, advice or guidance.

<u>Service</u>	<u>Contact Details</u>
Police	999/101
Childline	08001111
Islington Children's Services Contact Team	02075277400/ Out of Hours 02072260992
Camden Children services	02079744444/ out of Hours 02083565500
Hackney Children services	02083565500/ out of Hours 020 8356 2710
Islington CAMHS	02033161824
Camden CAMHS	02089382638
Young Minds	 <a href="https://youngminds.org.uk/">https://youngminds.org.uk/</a>
Kooth (online support for mental health)	 <a href="https://www.kooth.com/">https://www.kooth.com/</a>
Ann Feud (youth wellbeing directory)	 <a href="https://www.annafreud.org/on-my-mind/youth-wellbeing/">https://www.annafreud.org/on-my-mind/youth-wellbeing/</a>
Lift Islington Youth Hub	 <a href="http://www.liftislington.org.uk/">http://www.liftislington.org.uk/</a>
Islington Pulse Clinic (Sexual Health and Relationships)	<a href="http://www.liftislington.org.uk/support/pulse-sexual-health-clinic">http://www.liftislington.org.uk/support/pulse-sexual-health-clinic</a>
Islington directory link	<a href="https://directory.islington.gov.uk/kb5/islington/directory/home.page">https://directory.islington.gov.uk/kb5/islington/directory/home.page</a>