

## Where to find support outside of school

We know that there may be times when there is a need for you to access help and support when school is closed.

Here are some key contact numbers and websites that can be accessed outside of school in the event that you need information, advice or guidance.

<b>Service</b>	<b>Contact Details</b>
Police	999/101
Childline	08001111
Islington Children's services	020 7527 7400
Camden Children's services	020 7974 3317
Hackney Children Services	020 8356 5500
Islington CAMHS	020 3316 1824
Camden CAMHS	020 8938 2241
Young Minds 	<a href="https://youngminds.org.uk/">https://youngminds.org.uk/</a>
Kooth (online support for mental health) 	<a href="https://www.kooth.com/">https://www.kooth.com/</a>
Anna Freud  <b>Anna Freud</b> National Centre for Children and Families	<a href="https://www.annafreud.org/on-my-min-d/">https://www.annafreud.org/on-my-min-d/</a>
Lift Islington Youth Hub 	<a href="https://www.liftislington.org.uk/">https://www.liftislington.org.uk/</a>
Islington Pulse Clinic	<a href="https://www.camish.co.uk/">https://www.camish.co.uk/</a>
Islington Directory Link	<a href="https://directory.islington.gov.uk/kb5/islington/directory/home.page">https://directory.islington.gov.uk/kb5/islington/directory/home.page</a>