

# Understanding your teenager's brain

A **FREE online course** for parents and carers of teenage children, living in Islington.



- ✓ **FREE online course**
- ✓ **Practical advice**
- ✓ **Complete flexibility**
- ✓ **Learn at your own pace**



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# Understanding your teenager's brain



Find out what happens to the brain as a child hits adolescence in this **SHORT** course, which also explains some of the changes in their behaviour that you've noticed.

We are offering a range of **FREE** online courses for parents-to-be and parents and carers of children aged 0 to 19 who live in Islington.

The course is also available in 108 languages via Google translate (NB: Internet Explorer does not support the Google Translate widget).

**For more information and your access code visit**

[www.islington.gov.uk/parentingprogrammes](http://www.islington.gov.uk/parentingprogrammes)

