

# Bullying

## Our Commitment

At EGA, any type of bullying is unacceptable. If your child is being bullied, we have policies and procedures to support both you and your child.

## What do we mean by bullying?

Bullying is where one or more students set out to hurt another student, which is over a sustained period of time. This hurt can be caused by physical contact, verbal taunting or threat of aggression. It also includes sending messages by text, e-mail or social media. We recognise this and aim to deal with every incident that is reported to us.

## What do we do about it?

- We make it very clear that bullying is not tolerated at EGA;
- We encourage students to talk to teachers, or other professionals working in the school, about any problems they have. If we don't know, we can't do anything to help. Our message to all students is "Tell someone";
- We have lessons where we help students to learn how to keep safe online;
- We run small group sessions for students to build confidence and communication skills;
- We run workshops for parents on e-safety and student personal safety;
- We look out for any bullying behaviour. There are staff on duty before and after school, at break and lunchtimes;
- We take action. We inform parents if their child is being bullied or is bullying;
- We write down every incident that is reported to us. By recording every incident we build up a picture over time and adjust our work to prevent future incidents.

## Our advice for a student who is being bullied would be:

- Tell an adult you trust what is happening;
- Stay with groups of people;
- Follow advice given about keeping safe online;
- Remove yourself from negative situations where possible and find a safe person;
- Fighting back may make matters worse.